

**Sun City Festival Hiking Club
HIKE DESCRIPTION FORM**

Hike Name: Black Rock Loop Trail (Short & Long) Meditation Hike

Location: White Tank Mountain Regional Park

Hike Description:

Meditation Hike-The short and long Black Rock Trail loops provide an easy hike with benches for resting and meditation. We will stop throughout the hike at points of contemplation for short meditations.

Rating: Easy

Type: Desert loop

Trail Names: Black Rock Short & Long Loop Trails

Length – Miles and Time: 1.5 miles total for the loops. 2 hours with stopping points.

Trailhead Start and End: Black Rock Trailhead off White Tank Mountain Rd

Elevation Change: Less than 100'

Travel Directions: Sun Valley Parkway to Bell Ave. Right onto Cotton Lane until you get to Olive Ave. Turn right on Olive Ave and continue 4 miles to the park gate. Follow White Tank Mountain Road to Area 4 on your right.

Travel Time: 40 minutes

Parking: Abundant, Area 4

Rest Rooms: Yes, Area 4 Parking Lot