Hike Name: Sofie's Flat Trail

Location: Six miles northeast of Wickenburg

Hike Description: Sofie's Flat trails meander through the Sonoran Desert landscape including stands of Saguaro, Ocotillo cholla and other cactus varieties. Dramatic scenic desert and mountain vistas are visible from all directions from some of the trails.

Rating: Easy

Type: In and Out

Trail Name(s): Sohpie's Flat

Length: 3 miles total; 2-2.5 hours

Trailhead Start and End: On Blue Tank Road. The trailhead is well marked with sign and parking area

Elevation Change: 340'

Entrance Fee: None

Travel Directions: From Sun City Festival drive to Loop 303 North and exit on to Rt. 60 to Wickenburg. Traveling northeast on Highway 60 turn right on to El Recreo Drive just past the Tastee Freeze merging onto Constellation Road (This is the road to the rodeo arena) and drive past the arena. At approximately two miles on Constellation Road the road becomes a dirt road. Stay on this road to the intersection with Blue Tank Road. Turn left onto Blue Tank Road and follow for two miles. The trailhead is well marked with signs.

Travel Time: 60 – 75 minutes

Parking: Yes

Rest Rooms: Yes