

Sun City Festival Hiking Club

HIKE DESCRIPTION FORM

Hike Name:

Waddell Trail, Native American Flute Circle and Meditation Hike

Location:

White Tank Mountains Regional Park

Hike Description:

This is an easy 2-mile hike in the White Tank Mountains on the Waddell Trail. It crosses some stream beds that drain the White Tank Mountains. Some of the stream beds require hikers to hike down, across and up the other side. The turn-around point for the hike is at the intersection with Ford Canyon Trail. Around the one-mile mark hikers will stop at one of two spots across a stream bed. Native American flute players will form an echoing flute circle while other hikers meditate or rest. We will continue to bench at the intersection of Ford Canyon and Waddell Trail and experience another flute circle or meditation.

Rating: Easy

Type: In and out

Trail Names:

Waddell and Ford Canyon trails

Length – Miles and Time:

2 miles – approximately 2-1/2 hrs.

Trailhead Start and End: Waddell Trail Head at the parking lot for Area 7 (on Waterfall

Elevation Change: 50 feet

Travel Directions:

Take the Sun Valley Parkway (east) to Cotton Lane, turn right (south) onto Cotton Lane. Follow Cotton Lane to Olive and turn right onto Olive traveling west to the White Tanks Regional Park entrance. Drive straight following the White Tank Mountain Road to Waterfall Canyon Road on the left. Turn left on Waterfall Canyon Road and go to 2nd set of Ramadas (Area 7). Turn left on Ramada Way to parking lot for Waddell Trail.

Travel 45 minutes

Parking: Yes

Rest Rooms: Yes